



## GONUTZ Foods Ltd

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# GONUTZ Light Butter Popcorn 30g

	<p><b>Features:</b></p> <ul style="list-style-type: none"> <li>• GLUTEN FREE.</li> <li>• Made from NZ corn</li> <li>• Low saturated fat</li> <li>• Low Sugar</li> </ul>		
<p><b>Fill weight:</b> 30g</p>	<p><b>Packaging:</b> Laminate PP printed bag</p>	<p><b>Cartons:</b> 18x</p>	
<p><b>Flavours:</b> Butter &amp; Salt</p>			
<p><b>Ingredients:</b> Popcorn (78%), maize oil, salt, butter flavour, colour 160a, antioxidant 319</p>			
<p><b>Country of Origin:</b> NZ</p>		<p><b>Shelf life:</b> 5 months</p>	
<p><b>GMO Status:</b> Nil</p>			
<p><b>Storage:</b> ambient, clean &amp; dry, avoid strong light.</p>			
<p><b>Allergen &amp; Intolerance Agents – contains / may contain:</b></p>			
<p><b>Tree Nuts</b></p>	<p>May contain traces</p>	<p><b>Gluten</b></p>	<p>No</p>
<p><b>Peanuts</b></p>	<p>No</p>	<p><b>Crustacea</b></p>	<p>No</p>
<p><b>Seeds</b></p>	<p>No</p>	<p><b>Fish</b></p>	<p>No</p>
<p><b>Soy products</b></p>	<p>May contain traces</p>	<p><b>Egg</b></p>	<p>No</p>
<p><b>Milk or Dairy</b></p>	<p>May contain traces</p>	<p><b>Sulphites</b></p>	<p>No</p>
<p><b>Spices</b></p>	<p>No</p>	<p><b>Sesame</b></p>	<p>No</p>
<p><b>Bee pollen, propolis</b></p>	<p>No</p>	<p><b>Royal jelly</b></p>	<p>No</p>
<p><b>Nutritional data (averages)</b></p>	<p>Per 100g</p>	<p>30g serving</p>	
<p>Energy (kJ)</p>	<p>1930</p>	<p>580</p>	
<p>Protein (g)</p>	<p>9</p>	<p>2.7</p>	
<p>Fat total (g)</p>	<p>17</p>	<p>4.2</p>	
<p>Fat saturated (g)</p>	<p>7</p>	<p>2.1</p>	
<p>Carbohydrate (g)</p>	<p>66</p>	<p>20</p>	
<p>Sugars (g)</p>	<p>&lt;1</p>	<p>&lt;1</p>	
<p>Fibre (g)</p>	<p>10</p>	<p>3</p>	
<p>Sodium (mg)</p>	<p>180</p>	<p>50</p>	

Updated Sept 2018

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details  
Please consult GONUTZ technical or your health professional for any specific dietary concerns.