



GONUTZ Foods Ltd

Ph NZ 0800-466 889 Australia 1800-466 889

www.gonutz.co.nz

Fax 0064 9-836 4749 office@gonutz.co.nz

196 Swanson Rd, Henderson Auckland New Zealand

Postal P.O.Box 21 086 Henderson 0650

Nut Naturals

	<p>Features: Medley of raw, high grade commercial quality nuts. Cashews plus almonds, peanuts, hazelnuts, Brazil nuts and walnuts.</p>		
<p>Fill weight: 50g Tub 40g Pouch</p>	<p>Packaging: P.E.T. snack tub, composite PET/PE lid</p>	<p>Cartons: 12x 18x</p>	
<p>Ingredients: Raw Cashews, Almonds, Peanuts, Hazelnuts, Brazil nuts, Walnuts. Tubs gas flushed with CO₂/N₂</p>			
<p>Country of Origin: Made in NZ from local & imported materials</p>			
<p>Shelf life: Tubs -Best before 9 months tubs 6 months pouches</p>			
<p>GMO Status: Nil</p>			
<p>Storage: ambient, clean & dry, avoid strong light</p>			
<p>Allergen & Intolerance Agents – contains / may contain:</p>			
<p>Tree Nuts</p>	<p>Yes</p>	<p>Gluten</p>	<p>No</p>
<p>Peanuts</p>	<p>Yes</p>	<p>Crustacea</p>	<p>No</p>
<p>Sesame</p>	<p>No</p>	<p>Fish</p>	<p>No</p>
<p>Soy products</p>	<p>No</p>	<p>Eggs</p>	<p>No</p>
<p>Milk or Dairy</p>	<p>No</p>	<p>Sulphites</p>	<p>No</p>
<p>Bee pollen, propolis, Royal jelly</p>	<p>No</p>	<p>Lupin</p>	<p>No</p>
<p>Nutritional data (averages)</p>	<p>Per 100g</p>	<p>50g serving</p>	
<p>Energy (kJ)</p>	<p>2478</p>	<p>1239</p>	
<p>Protein (g)</p>	<p>18</p>	<p>9</p>	
<p>Fat total (g)</p>	<p>52</p>	<p>26</p>	
<p>Fat saturated (g)</p>	<p>8</p>	<p>4</p>	
<p>Carbohydrate (g)</p>	<p>14</p>	<p>7</p>	
<p>Sugars (g)</p>	<p>4</p>	<p>2</p>	
<p>Sodium (mg)</p>	<p>100</p>	<p>50</p>	
<p>Fibre (g)</p>	<p>8</p>	<p>4</p>	

Valid from Dec 2019

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details

Please consult GONUTZ technical or your health professional for any specific dietary concerns.