



Nature's Snack Food

Ph 0800 466 889 NZ Ph 1800 466 889 AU

196 Swanson Road, Henderson P O Box 21 086, Henderson, Auckland 0650, NZ

sales@gonutz.co.nz www.gonutz.co.nz

Nut Naturals

	<p>Features: Medley of shelled (husked) & cleaned raw nut kernels Cashews plus almonds, peanuts, hazelnuts, Brazil nuts and walnuts.</p>	  	
<p>Fill weight: 40g pouch</p>	<p>Packaging: P.E.T./PE composite soft plastics</p>	<p>Cartons: 12x 48x</p>	
<p>Ingredient statement: Shelled (husked) & cleaned raw nut kernels : CASHEWS, PEANUTS, ALMONDS, HAZELNUTS, WALNUTS, BRAZIL NUTS.</p>			
<p>Country of Origin: Processed in NZ from local & imported materials</p>			
<p>GMO Status: Nil</p>			
<p>Shelf life: Tubs -Best before 6 months tubs Storage: ambient, clean & dry, avoid strong light</p>			
<p>Allergen & Intolerance Agents – contains / may contain:</p>			
<p>Tree Nuts – Cashews, Almonds, Walnuts, Brazil nuts, Hazelnuts</p>	<p>Yes</p>	<p>Peanuts</p>	<p>Yes</p>
<p>Gluten</p>	<p>No</p>	<p>Crustacea</p>	<p>No</p>
<p>Sesame</p>	<p>No</p>	<p>Fish</p>	<p>No</p>
<p>Soy products</p>	<p>No</p>	<p>Eggs</p>	<p>No</p>
<p>Milk or Dairy</p>	<p>No</p>	<p>Sulphites</p>	<p>No</p>
<p>Bee pollen, propolis, Royal jelly</p>	<p>No</p>	<p>Lupin</p>	<p>No</p>
<p>Nutritional data (averages)</p>	<p>Per 100g</p>	<p>40g serving size</p>	
<p>Energy (kJ)</p>	<p>2480</p>	<p>990</p>	
<p>Protein (g)</p>	<p>18</p>	<p>7</p>	
<p>Fat total (g)</p>	<p>52</p>	<p>21</p>	
<p>Fat saturated (g)</p>	<p>8</p>	<p>2</p>	
<p>Carbohydrate (g)</p>	<p>15</p>	<p>6</p>	
<p>Sugars (g)</p>	<p>3</p>	<p>1</p>	
<p>Fibre (g)</p>	<p>10</p>	<p>4</p>	
<p>Sodium (mg)</p>	<p>50</p>	<p>20</p>	
<p>Selenium (mcg)</p>	<p>80</p>	<p>32</p>	

Prepared Aug 2023

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details

Please consult GONUTZ technical or your health professional for any specific dietary concerns.