



GONUTZ Foods Ltd

Ph NZ 0800-466 889 Australia 1800-466 889


www.gonutz.co.nz

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196 Swanson Rd, Henderson Auckland New Zealand

Postal P.O.Box 21 086 Henderson 0650

Nut Crunch

	<p>Features: Single portion crunchy nut snack with a hint of spice.</p>	 	
<p>Fill weight: 45g</p>	<p>Packaging: PET/PE pouch</p>	<p>Cartons: 12x display tray</p>	
<p>Ingredients: Roasted PEANUTS, ALMONDS, CASHEWS, Toasted Corn, Bhuja snacks (pea flour, vegetable oil, salt, spices), roasted peas, vegetable oil, salt, chilli powder.</p>			
<p>Country of Origin: Made in NZ from local & imported materials</p>			
<p>Shelf life: 6months (pouches)</p>			
<p>GMO Status: Nil</p>			
<p>Storage: ambient, clean & dry, avoid strong light</p>			
<p>Processed on machinery that also processes tree nuts.</p>			
<p>Allergen & Intolerance Agents – contains / may contain:</p>			
<p>Cashews, Almonds</p>	<p>Yes</p>	<p>Gluten/Wheat</p>	<p>No</p>
<p>Peanuts</p>	<p>Yes</p>	<p>Crustacea/Shellfish</p>	<p>No</p>
<p>Sesame</p>	<p>No</p>	<p>Fish</p>	<p>No</p>
<p>Soy products</p>	<p>No</p>	<p>Eggs</p>	<p>No</p>
<p>Milk or Dairy</p>	<p>No</p>	<p>Sulphites</p>	<p>No</p>
<p>Bee pollen, propolis, Royal Jelly</p>	<p>No</p>	<p>Lupins</p>	<p>No</p>
<p>Nutritional data (averages)</p>	<p>Per 100g</p>	<p>45g serving</p>	
<p>Energy (kJ)</p>	<p>2200</p>	<p>990</p>	
<p>Protein (g)</p>	<p>22</p>	<p>10</p>	
<p>Fat total (g)</p>	<p>41</p>	<p>19</p>	
<p>Fat saturated (g)</p>	<p>4</p>	<p>2</p>	
<p>Carbohydrate (g)</p>	<p>24</p>	<p>11</p>	
<p>Sugars (g)</p>	<p>3</p>	<p>1</p>	
<p>Fibre (g)</p>	<p>7</p>	<p>3</p>	
<p>Sodium (mg)</p>	<p>400</p>	<p>180</p>	

Updated Aug 2023

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details
Please consult GONUTZ technical or your health professional for any specific dietary concerns.



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