



# GONUTZ Foods Ltd

Ph NZ 0800-466 889 Australia 1800-466 889

www.gonutz.co.nz

Fax 0064 9-836 4749 office@gonutz.co.nz

196 Swanson Rd, Henderson Auckland New Zealand

Postal P.O.Box 21 086 Henderson 0650

Product Information as at March 2014

## Fruit & Nut NATURALS

### LOW SALT

	<p><b>Features:</b> A reduced calorie blend of raw cashews &amp; almonds with sundried raisins, apple, cranberries &amp; apricots. Specially prepared to have less than 60mg per tub of sodium.</p> <p>No added Peanuts.</p>		
<p><b>Fill weight:</b> 50-55g</p>	<p><b>Packaging:</b> P.E.T. snack tub, composite PET/PE lid</p>	<p><b>Cartons:</b> 12x 18x</p>	
<p><b>Ingredients:</b> Cashews, Almonds, Raisins, Apple, Cranberries, Apricots, canola oil. Tubs gas flushed with CO<sub>2</sub>/N<sub>2</sub></p>			
<p><b>Country of Origin:</b> Made in NZ from local &amp; imported materials</p>			
<p><b>Shelf life:</b> Tubs -Best before 6-9 months (subject to individual components)</p>			
<p><b>GMO Status:</b> Nil</p>			
<p><b>Storage:</b> ambient, clean &amp; dry, avoid strong light</p>			
<p><b>Processed on machinery that also processes peanuts and tree nuts.</b></p>			
<p><b>Allergen &amp; Intolerance Agents – contains / may contain:</b></p>			
<p><b>Tree Nuts</b></p>	<p>Yes</p>	<p><b>Gluten</b></p>	<p>No</p>
<p><b>Peanuts</b></p>	<p>Yes</p>	<p><b>Crustacea</b></p>	<p>No</p>
<p><b>Seeds</b></p>	<p>No</p>	<p><b>Fish</b></p>	<p>No</p>
<p><b>Soy products</b></p>	<p>No</p>	<p><b>Eggs</b></p>	<p>No</p>
<p><b>Milk or Dairy</b></p>	<p>No</p>	<p><b>Sulphites</b></p>	<p>&lt;10mg/100g</p>
<p><b>Bee pollen, propolis</b></p>	<p>No</p>	<p><b>Royal jelly</b></p>	<p>No</p>
<p><b>Nutritional data (averages)</b></p>	<p>Per 100g</p>		<p>50g serving</p>
<p>Energy (kJ)</p>	<p>1714</p>		<p>857</p>
<p>Protein (g)</p>	<p>8</p>		<p>4</p>
<p>Fat total (g)</p>	<p>20</p>		<p>10</p>
<p>Fat saturated (g)</p>	<p>2</p>		<p>1</p>
<p>Carbohydrate (g)</p>	<p>48</p>		<p>24</p>
<p>Sugars (g)</p>	<p>44</p>		<p>22</p>
<p>Sodium (mg)</p>	<p>40</p>		<p>20</p>

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details

Please consult GONUTZ technical or your health professional for any specific dietary concerns.