



GONUTZ Foods Ltd

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Product Information & data as at July 2015

Nut Naturals

	<p>Features: Medley of raw, high grade commercial quality nuts. Cashews plus almonds, peanuts, hazelnuts, Brazil nuts and walnuts.</p>		
<p>Fill weight: 50g</p>	<p>Packaging: P.E.T. snack tub, composite PET/PE lid</p>	<p>Cartons: 12x 18x 1kg</p>	
<p>Ingredients: Raw nut blend of Cashews, Almonds, Peanuts, Hazelnuts, Brazil nuts, Walnuts. Tubs gas flushed with CO₂/N₂</p>			
<p>Country of Origin: Made in NZ from local & imported materials</p>			
<p>Shelf life: Tubs -Best before 9 months</p>			
<p>GMO Status: Nil</p>			
<p>Storage: ambient, clean & dry, avoid strong light</p>			
<p style="text-align: center;"> </p>			
<p>Allergen & Intolerance Agents – contains / may contain:</p>			
<p>Tree Nuts</p>	<p>Yes</p>	<p>Gluten</p>	<p>No</p>
<p>Peanuts</p>	<p>Yes</p>	<p>Crustacea</p>	<p>No</p>
<p>Seeds</p>	<p>Traces possible</p>	<p>Fish</p>	<p>No</p>
<p>Soy products</p>	<p>No</p>	<p>Eggs</p>	<p>No</p>
<p>Milk or Dairy</p>	<p>No</p>	<p>Sulphites</p>	<p>No</p>
<p>Bee pollen, propolis</p>	<p>No</p>	<p>Royal jelly</p>	<p>No</p>
<p>Nutritional data (averages)</p>	<p>Per 100g</p>	<p>50g serving</p>	
<p>Energy (kJ)</p>	<p>2478</p>	<p>1239</p>	
<p>Protein (g)</p>	<p>18</p>	<p>9</p>	
<p>Fat total (g)</p>	<p>52</p>	<p>26</p>	
<p>Fat saturated (g)</p>	<p>8</p>	<p>4</p>	
<p>Carbohydrate (g)</p>	<p>14</p>	<p>7</p>	
<p>Sugars (g)</p>	<p>4</p>	<p>2</p>	
<p>Sodium (mg)</p>	<p>100</p>	<p>50</p>	
<p>Fibre (g)</p>	<p>8</p>	<p>4</p>	

Values are averages of flavours and production.

Some products processed in the same factory as PEANUTS and other allergens. Refer packets for details

Please consult GONUTZ technical or your health professional for any specific dietary concerns.